



REPLACEMENT EPP PAD KIT INSTALLATION INSTRUCTIONS

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FOR ALL FAST HELMETS

MADE IN USA

www.ops-core.com

HELMET SIZE			
S/M & M/L 60-98-203		L/XL & XXL 60-98-303	

COMPONENTS

REPLACEMENT EPP PAD KIT INCLUDES:

(2) 1/2" TOP PADS, (2) 3/4" TOP PADS, (2) SIDE PADS, (1) 1/2" REAR PAD, (1) 3/4" REAR PAD

NOTE: REPLACEMENT FRONT EPP PAD IS SOLD SEPARATELY.



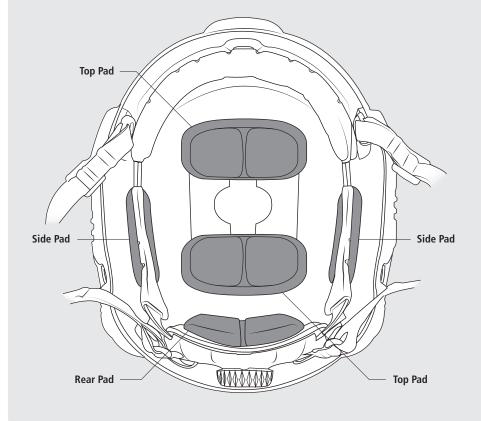






REPLACEMENT EPP PAD LOCATION:

Remove and throw away the old EPP Pads. Position and attach the pads to the Velcro® patches inside the helmet as shown. The Top and Rear Pads come in two different thicknesses. Follow the "Installation and Fit" instructions to determine the correct pad thickness for your custom fit.



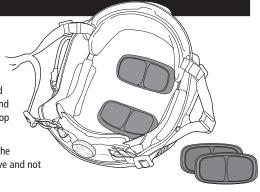
INSTALLATION & FIT

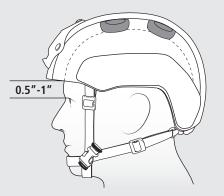
PAD PLACEMENT

1 ADJUST THE TOP PADS

■ Put the helmet on. ½" pads come pre-installed in the helmet. Turn the dial to loosen the fitband so that all of the helmet weight is resting on top of your head.

■ With the fitband loose, check how high / low the helmet is sitting. Forehead pad should be above and not resting on the bony ridge of your eyebrows.





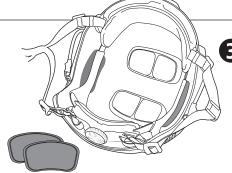
HEIGHT ADJUSTMENT

- The distance from the top of the eyebrow to the bottom of the fitband should be approximately 0.5" - 1". There should also be enough room around your ears for COMMs / hearing protection.
- If the helmet sits too low on your head, remove the ½" top pads and install the 3/4" top pads.
- If the helmet sits at an uncomfortable angle, adjust the top pads, or use a combination of ½" and ¾" top pads until it sits correctly.

ADJUST THE REAR PADS

- Install the ¾" rear pad. Put the helmet on.
- If you feel uncomfortable pressure on your forehead, take the 34" pad out and put in the 1/2" pad.
- If it feels the same as with the ½" pad (can't notice the difference) then keep the 3/4" installed. This will make the helmet more stable and comfortable.





INSTALL THE SIDE PADS

- Install the side pads onto the Velcro patches on the inside of the helmet. These pads make the helmet more stable and increase protection from side impacts.
- If they feel tight or uncomfortable, try to relocate them into a position that feels good.