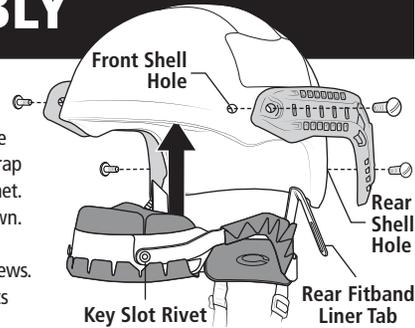


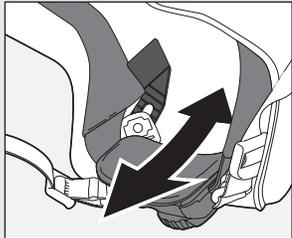
FITBAND REASSEMBLY

7 REASSEMBLE HELMET

Perform Steps 7-10 only if you did Step 3 (Remove Fitband). Place Fitband Liner inside of helmet shell. Align FAST Side Rails, Chinstrap Anchors, and hardware to the Chinstrap Holes in your FAST Helmet. For the rear assembly include the Rear Fitband Liner Tabs as shown. Place T-nuts on inside of chinstrap anchors and loosely fasten all screws and T-nuts. Use a screwdriver to tighten the two front screws. Reattach fitband by placing fitband's Key Slot Rivets into key slots on the Front EPP Pad.



NOTE: LEAVE REAR SCREWS LOOSE BEFORE EXECUTING INSTRUCTIONS BELOW.

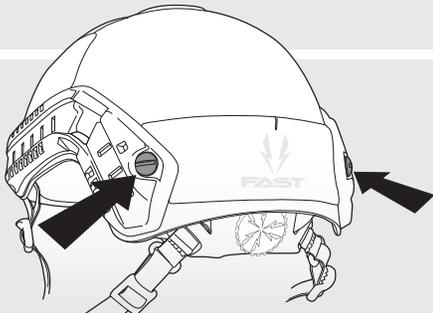
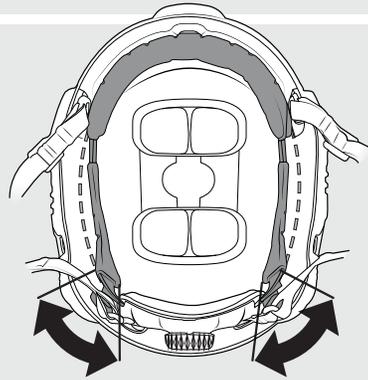


8 ADJUST FITBAND HEIGHT

- Put the helmet on and turn the dial to tighten the fitband until it feels secure. Look up at the sky. If the dial digs into your neck, it is too low.
- You can adjust the height of the dial by sliding the rear fitband liner tabs that attach it to the inside of the shell up and down.
- Set the dial at the height that is most comfortable for you.

9 "PRE-LOAD" THE FITBAND

- You can set the shape of the fitband to match the shape of your head for long term comfort.
- Push or pull the rear fitband liner tabs (used for height adjustment in step 8) to adjust the fitband tension from a round to more oval shape.
- Hold each rear fitband liner tab with your hand in the location that sets the fitband tension in the optimal shape and then tighten the back screws to lock the tabs in place.



10 TIGHTEN BACK SCREWS

- Tighten the back screws to lock the rear fitband liner tabs, chinstrap and side rails permanently in place.
- If you don't do this, all of the adjustments you just made will slip and the helmet will likely come apart.

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FAST

FUTURE ASSAULT SHELL TECHNOLOGY

REPLACEMENT FITBAND COMFORT PADS INSTALLATION INSTRUCTIONS

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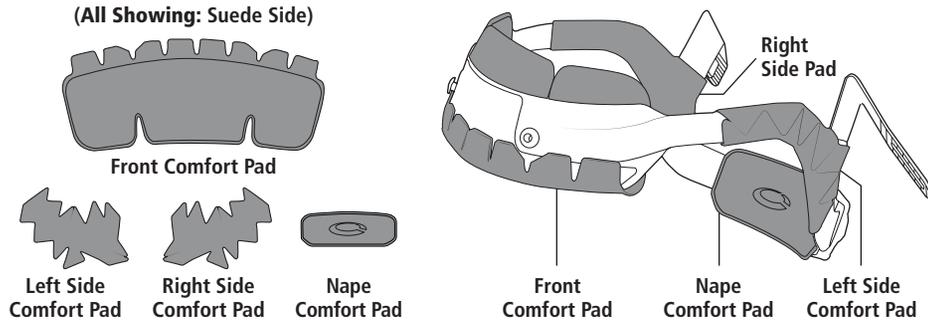
PART# 60-97-003

FOR ALL FAST HELMETS

COMPONENTS & INSTALLATION

REPLACEMENT FITBAND COMFORT PAD KIT INCLUDES:

(1) Front Comfort Pad, (1) Left Side Comfort Pad, (1) Right Side Comfort pad, (1) Nape Comfort Pad

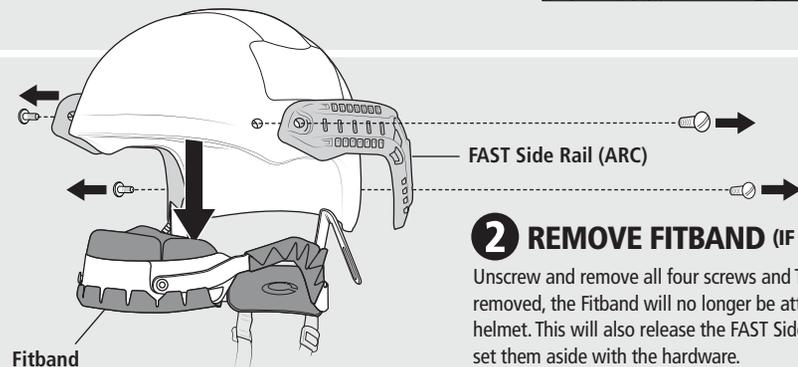
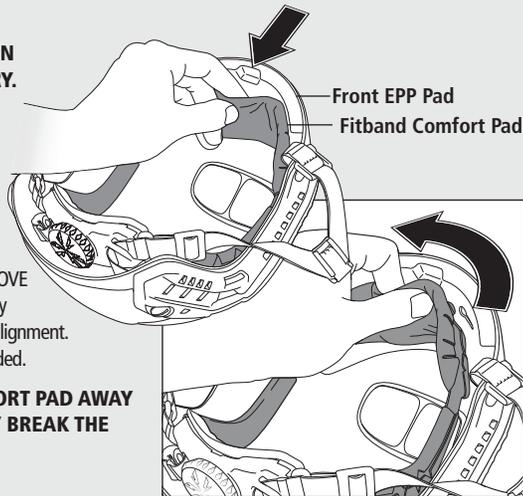


1 DETACH FITBAND

NOTE: FAST BALLISTIC HIGH CUT SHOWN IN DIAGRAMS. YOUR HELMET TYPE MAY VARY.

Place your index finger behind the center of the Fitband Comfort Pad and carefully bend away from the Front EPP Pad as shown. Pinch the Fitband Comfort Pad and use your thumb to slide the pad sideways $\frac{1}{2}$ " towards the center of the helmet along the Front EPP Pad. Repeat on both sides until the pad is released from the key slots. Step 2 "REMOVE FITBAND" is not necessary unless you have difficulty accessing the fitband for proper Side Comfort Pad alignment. You can skip to Step 3 and go back to Step 2 if needed.

NOTE: DO NOT PULL THE FITBAND COMFORT PAD AWAY FROM THE FRONT EPP PAD OR YOU MAY BREAK THE FRONT EPP PAD KEY SLOTS.



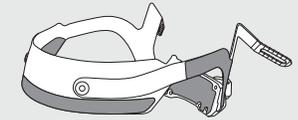
2 REMOVE FITBAND (IF NECESSARY)

Unscrew and remove all four screws and T-nuts. Once removed, the Fitband will no longer be attached to the helmet. This will also release the FAST Side Rails (ARCs), set them aside with the hardware.

COMFORT PAD INSTALLATION

3 REMOVE OLD COMFORT PADS

Simply peel off all old comfort pads from the fitband. A fitband with all comfort pads removed should look like the image on the right.

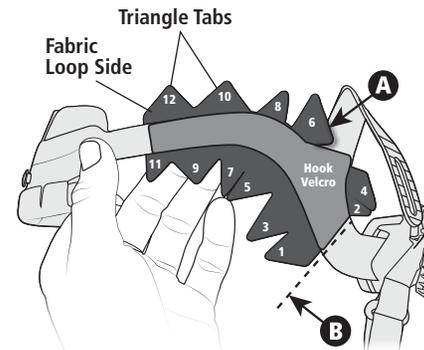


4 ATTACH SIDE COMFORT PADS

Align the Left Side Comfort Pad (shown in dark grey) to the hook Velcro® exactly as shown in the diagram with the fabric loop side facing you. (The diagram is showing the outside of the fitband's left side.)

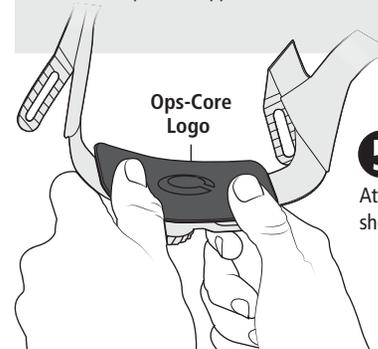
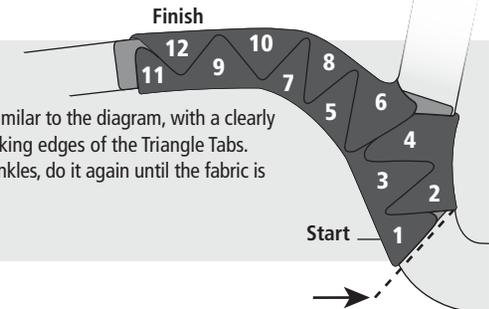
A To ensure proper alignment, pull the corner of Triangle Tab 6 over the corner of the fitband as shown.

B Align the bottom edge of Triangle Tab 1 with bottom of the Hook Velcro. Fold over Tab 1, and stick to Velcro Hook. Repeat in order for remaining triangles. This will form a continuous diagonal line as shown.



VISUAL CHECK

A properly assembled Side Comfort Pad will look very similar to the diagram, with a clearly defined "zigzag" pattern being formed by the interlocking edges of the Triangle Tabs. The comfort pad should be wrinkle free. If there are wrinkles, do it again until the fabric is smooth. Repeat for opposite side.



5 ATTACH NAPE COMFORT PAD

Attach the Nape Comfort Pad with the Ops-Core® logo facing upright as shown on left. Press down on the Nape Comfort Pad to secure it in place.

6 ATTACH FRONT COMFORT PAD

Align Front Comfort Pad as shown (with small tabs at bottom). Fold up all Bottom Tabs while leaving the Top Tabs unfolded.

NOTE: DO NOT FOLD THE TOP TABS OVER THE FITBAND

CONTINUE INSTRUCTIONS ON BACK

